

# Size Guide

All body measurements in cm

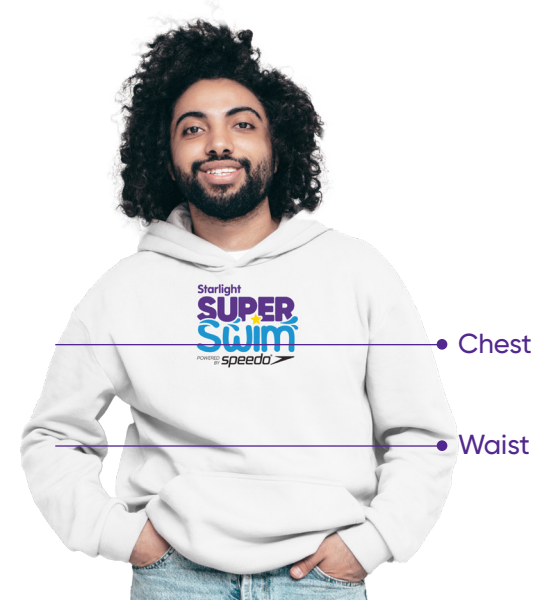
## WOMEN

Size	Chest	Waist	Hip
2XS/6	74-79	68-73	78-83
XS/8	79-84	73-78	83-88
S/10	84-89	78-83	88-93
M/12	89-94	83-88	93-98
L/14	94-99	88-93	98-103
XL/16	99-104	93-98	103-108
2XL/18	104-109	98-103	108-113
3XL/20	109-114	103-108	113-118
4XL/22	114-119	108-113	118-123
5XL/24	119-124	113-118	123-128



## MEN

Size	Chest/Waist
2XS	82-87
XS	87-92
S	92-97
M	97-102
L	102-107
XL	107-112
2XL	112-117
3XL	117-122
4XL	122-127
5XL	127-132



## YOUTH

Size	Chest/Waist	Height
4	57-61	105-115
6	61-65	115-125
8	65-69	125-135
10	69-73	135-145
12	73-77	145-155
14	77-81	155-165
16	81-85	165-175



## HOW TO MEASURE

**CHEST:** Measure the circumference of your chest, keeping the tape horizontal around the fullest part of your chest.

**WAIST:** Measure the circumference of your waist, keeping the tape horizontal around the narrowest part of your waist.

**HIPS:** Measure the circumference of your hips, keeping the tape horizontal around the fullest part of your hips.

## TIPS FOR SIZING

If you are on the border of a size or between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit. In the case where, your measurements for chest and waist correspond to two different sizes, order the size indicated by your chest measurement.