

YOUTH OPPORTUNITIES

MAKE - OR - BREAK CHALLENGE



change a habit. Change a life.

- 1 **Take the challenge:** Commit your team to Make-or-Break a habit for 21 days, starting from May 1 to May 21
- 2 **Sign up your team:** Register your team at makeorbreak.org.au and encourage others to join as teams too!
- 3 **Spread the word:** Reach out to your friends, coworkers and community for their support through donations
- 4 **Make a difference:** The funds you raise will directly impact Youth Opportunities, transforming the lives of young Australians in need
- 5 **Celebrate:** As a team, celebrate what you have achieved individually and as a team. You are all champions in our eyes!

Join today

makeorbreak.org.au

spread the word! 

Learn more

