



1 in 6 women will experience depression.
(Australian Bureau of Statistics)



1 in 3 women will experience anxiety.
(Australian Bureau of Statistics)



1 in 5 mothers of children under 24 months are diagnosed with postnatal depression annually.
(Australian Institute of Health and Welfare)



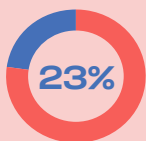
Mental disorders represent the leading cause of disability and the highest burden of non-fatal illnesses for women in Australia.
(Investing in Women's Mental Health Policy Paper)



About 1 in 3 (34%) Indigenous Australian women reported having a mental health condition in 2014-15 (including anxiety, depression, behavioural/emotional problems, and/or harmful use of, or dependence on alcohol or drugs)
(Australian Bureau of Statistics)



Throughout COVID-19 women have experienced high or very high levels of psychological distress (25%) in higher proportions than men (16%)
(Australian Institute of Health and Wellness)



Approximately 23% of women experience violence by an intimate partner, compared to 1 in 13 men.
(Department of Social Services)



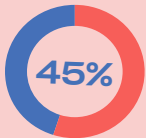
1 in 4 deaths by suicide are female.
(Lifeline)



Women experience PTSD and eating disorders at higher rates than men.
(Australian Bureau of Statistics)



Young women report considerably higher concerns about body image than young men (41.1% compared with 17%).
(Mission Australia)



45% of Australian women aged 18-23 years reported ever self-harming.
(Australian Longitudinal Study on Women's Health)



Depression was the most commonly diagnosed mental disorder among the LGBT populations, with 34% of homosexual/bisexual females and 50% of trans females experiencing depression in the past three years.
(National Survey of the Health and Wellbeing of Gay, Lesbian, Bisexual, and Transgender (GLBT) Australians)



Factors associated with women's higher rates of depression and anxiety include poverty, discrimination, and socioeconomic disadvantage; insecure, low- status employment; gendered expectations of high levels of unpaid domestic labour and caregiving; and differential exposure to physical and sexual violence in domestic settings.
(World Health Organization)