

GOAL



COUNTRY FACT FILES

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ETHIOPIA



FAST FACTS

- The National Anthem is "March Forward, Dear Mother Ethiopia"
- The currency is the Birr (Br, ብር)
- The capital city is Addis Ababa.
- The most popular cuisine is wat with injera which is a stew on a flatbread. A fun fact is that you eat it with your hands!
- The most popular sports are long distance running and football.
- Ethiopia has 58 Olympic medals!
- Ethiopia has 5 official languages - Afar, Amharic, Omoro, Somali, and Tigrinya. Omoro is the most popular, so let's learn some phrases!

PHRASES IN OMORO

Hello = Naqaa

Nice to meet you = Ai argun
naaf gammachudha

How are you? = Isin attam?

I'm good, thanks = Fayyaad-
ha, ulfaadhu

Goodbye = Negga-ti



WHAT GOAL DOES IN ETHIOPIA

GOAL has been working in Ethiopia since 1983, which is **over 40 years!**

GOAL distributes humanitarian aid in 60 districts in 8 regional states: **Afar, Amhara, Gambella, Oromia, Benshangul-Gumuz, Tigray, SNNP, & Somali.**

In Ethiopia, many communities are affected by hunger, conflict, climate crises (droughts or floods), disease outbreaks, and poverty. GOAL helps these communities become more resilient by improving access to healthcare services and employment opportunities.

We also provide nutrition and water, sanitation and hygiene (WASH) support to communities with limited access to food or clean water.

GOAL reached **3.6 million people** across Ethiopia in 2023, all thanks to funds raised by GOALies (that's you!).

SIERRA LEONE



FAST FACTS

- The capital city is called Freetown, and the official language is English.
- There is a population of 8,994,633.
- The National Anthem is "High We Exalt Thee, Realm of the Free."
- The currency is the Sierra Leonean leone (Le).
- Mangos, oranges, and pineapples are commonly found in Sierra Leone.
- Football is the most popular sport by far and the national football team is called the Leone Stars.
- The best cricket team in West Africa is in Sierra Leone.
- Michaela DePrince, the famous ballet dancer, was born in Sierra Leone. She has danced with Beyoncé!



WHAT GOAL DOES IN SIERRA LEONE

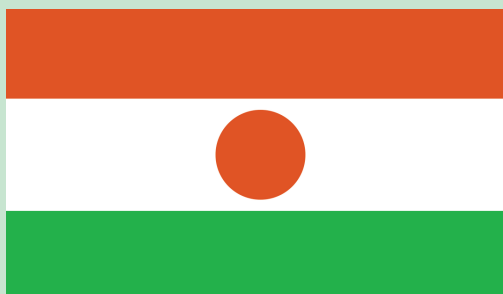
GOAL first began working in Sierra Leone in 1999, to support communities affected by the civil war. GOAL went on to respond to the Ebola outbreak in 2014.

With over 130 team members, our programmes in Sierra Leone currently operate in nine of the country's 16 districts: **Western Area Urban, Western Area Rural, Tonkolili, Kambia, Kenema, Bombali, Karene, Koinadugu and Moyamba.**

GOAL's work now focuses on long-term development, including water, sanitation & hygiene (WASH), resilient health, and employment programmes. Our teams also provide emergency aid as needed, as many communities are vulnerable to landslides, floods, and wildfires.

Freetown has a population of **1.5 million people**, similar to County Dublin. However, Freetown does not have a formal sewage or waste management system. The vast majority of households don't have running water or indoor plumbing. In 2021, GOAL constructed Sierra Leone's first-ever wastewater treatment plant. Now, it treats 20% of Freetown's faecal waste!

NIGER



FAST FACTS

- The population is about 28 million!
- The National Anthem is La Nigérienne.
- The currency is the West African CFA franc (CFA).
- The capital city is Niamey.
- The national dish is Djerma Stew, which is a stew with tomatoes, carrots, onions, and sometimes chicken.
- The traditional sport, Sorro Wrestling Football, and rugby are popular sports in Niger.
- Issaka Daborg was the first Nigerian to compete in the Olympics, and he won a bronze medal in boxing!

PHRASES IN FRENCH

Hello = Bonjour

How are you? = Comment ça va?

Please = S'il vous plaît

Thank you = Merci

Goodbye = Au revoir

My name is = Je m'appelle



WHAT GOAL DOES IN NIGER

GOAL has supported vulnerable communities in Niger since 2005, when we first responded to the country's ongoing hunger crisis. In 2023, GOAL reached over **348,000 people in Niger** with humanitarian aid.

Niger is one of the least developed countries in the world, and among the poorest in Africa. Our programmes aim to build resilience in vulnerable communities by strengthening agricultural livelihoods and helping communities adapt to climate change.

We also respond to public health emergencies and disease outbreaks while providing emergency food aid to communities experiencing hunger.

ZIMBABWE



FAST FACTS

- The population is approx. 17 million.
- The National Anthem is "Blessed be the land of Zimbabwe".
- The currency is Zimbabwean Dollar Z\$.
- The Capital City is Harare Mopane.
- The most popular sports are football, cricket, and hockey.
- Danai Jekesai Gurira, the Marvel superhero, grew up in Zimbabwe!
- Zimbabwe has 16 different official languages! The one that is most commonly spoken is Shona. Let's learn some key phrases in Shona.

PHRASES IN SHONA

Hello = Mhoro

How are you = Wakadini zvako?

My name is... = Zita rangu i...

Excuse me = Pamusoro

Thank you = Waita zvako

Goodbye = Sara Zvakanaka

WHAT GOAL DOES IN ZIMBABWE

GOAL has been working with vulnerable communities in Zimbabwe since 2002, when it first responded to the country's food security crisis.

Today GOAL operates in Harare Urban Region and in seven districts in Manicaland Province: **Chipinge, Chimanimani, Mutare, Nyanga, Buhera, Makoni and Mutasa, as well as the Tongogara Refugee Camp.**

GOAL helped greatly following the catastrophic Cyclone Idai in 2019 and reached over **80,000 people** with shelter, food, and other items.

Over **450,000 people** were reached with GOAL's protection and inclusion programming in 2022, which prevents and supports survivors of gender-based violence and domestic abuse.

Last year, over **200,000 people** in Zimbabwe gained access to safe, clean water thanks to GOAL's water, sanitation and hygiene (WASH) programmes.

SOUTH SUDAN



FAST FACTS

- South Sudan's capital city is Juba and the official language is English.
- The National Anthem is "South Sudan Oyee!"
- The currency is the South Sudanese Pound (SSP).
- The Nile River flows through South Sudan.
- Kajaik is a popular dish which is a simple fish stew.
- South Sudan gained its independence in 2011. It's the youngest country in the world!
- Football, basketball, and track & field are very popular sports in South Sudan.
- Manute Bol, the famous basketball player from the NBA, was born in South Sudan. He is one of the tallest players to ever play! He is 2.3 metres tall!

WHAT GOAL DOES IN SOUTH SUDAN

GOAL has been working in South Sudan since 1985 with focus on health, nutrition, water, sanitation and hygiene (WASH), food security and employment programmes. We reached over 760,000 people in Sudan with humanitarian aid last year.

South Sudan has a very weak healthcare system. Accessing very basic healthcare services can be an enormous challenge. To address this, GOAL supports more than 60 health facilities in South Sudan.

GOAL teams in South Sudan also help communities build resilience by improving access to education and employment opportunities.

SUDAN



FAST FACTS

- The population of Sudan is approximately 46 million people.
- The National Anthem is Naḥnu jund Allah, jund al-waṭan which means “We are the Soldiers of God, the Soldiers of the Nation”
- The currency is the Sudanese Pound.
- The Capital city is Khartoum.
- A popular dish is Kisra, which is a Sudanese flatbread made from a special type of flour called sorghum flour.
- There are more pyramids in Sudan than Egypt!
- Football and basketball are very popular sports in Sudan.
- Ismail Ahmed is a famous runner from Sudan. He has a silver Olympic medal!
- The official language is Arabic. Let’s learn some key phrases in Arabic.

PHRASES IN ARABIC

Hello = Marhaba

How are you? = Kaeef halak

Please = MinFadlak

Thank you = Shukran-Lak

My name is... = Ismii..

Goodbye = MaAa es-salama

WHAT GOAL DOES IN SUDAN

GOAL has been responding to humanitarian needs in Sudan since 1985. In 2023, we reached over **240,000 people** with humanitarian aid.

In 2023, a civil war broke out in Sudan that is still ongoing. 12.7 million people have been forced to leave their homes due to violence. 24.8 million people (nearly 50% of Sudan’s population) requires humanitarian aid.

GOAL is supporting communities in Sudan by providing healthcare services to those in need, especially malnourished children. We also distribute cash assistance to vulnerable households so they can purchase the basic items they need, including food.

Another focus is ensuring that communities have access to safe, clean water for drinking, cooking, and bathing.

UGANDA



FAST FACTS

- The population of Uganda is approximately 47 million people.
- The National Anthem is "Oh Uganda, Land of Beauty."
- The currency is Ugandan Shilling (UGX).
- The Capital city is Kampala.
- Football is the national sport of Uganda.
- Uganda has 11 Olympic medals, most of which are for boxing.
- Matooke is considered the national food of Uganda. It is a plantain or banana dish that is usually wrapped in leaves.
- Uganda has two different official languages, English and Swahili. There are many other languages that are spoken around the country and taught in schools. Let's learn a bit of Swahili.

PHRASES IN SWAHILI

Hello = Jambo

How are you? = Habari gani

Please = Tafadhali

Thank you = Asante

My name is... = Jina langu ni...

Goodbye = Kwa heri



WHAT GOAL DOES IN UGANDA

GOAL has been working in Uganda since 1979.

There is a focus in health, water, sanitation and hygiene (WASH), and agricultural livelihoods. Since 2003 GOAL's WASH portfolio has reached over 347,000 people in areas of Northern and Southeastern Uganda.

GOAL reached over **170,000 people** in Uganda last year.

Uganda has one of the highest youth unemployment rates in sub-Saharan Africa. Every year, 400,000 young people compete for only 4,000 jobs. GOAL is supporting young men and women in Uganda by helping them access work in the agricultural sector. To date, we have helped 89,000 young people secure fulfilling employment.

TÜRKIYE



FAST FACTS

- The national anthem is İstiklal Marşı, which means "The Independence March."
- In 2021, Turkey changed its spelling to Türkiye.
- The currency is the Turkish Lira (₺).
- The Capital city is Ankara.
- An important part of Turkish culture is Turkish folk dancing.
- A sweet that you might know is the Turkish Delight, which originated in Turkey and is a popular treat to have alongside Turkish coffee.
- The most popular sport in Türkiye is football. However, basketball and volleyball are also popular. Arda Turan is one of the famous footballers who is from Türkiye.
- The national language is Turkish. Let's learn some key phrases in Turkish along with the pronunciations:

PHRASES IN TURKISH

Hello = Merhaba! (Mare-ha-ba)

How are you? = Nasılsın? (Na-sel-sin)

Please = Lütfen (Lut-fen)

Thank you = Teşekkür ederim (te-sh-qu-err ed-err-im)

My name is... = Benim ismim... (beh-nim is-mim)

Goodbye (when you are leaving) = Hoşçakal! (hosh-chakal)

Goodbye (when you are staying) = Güle güle! (guu-leh guuh-leh).



WHAT GOAL DOES IN TÜRKIYE

GOAL has been working on the ground in Türkiye since 2016.

GOAL's main work focuses on supporting Syrian refugees seeking safety in Turkey, which now hosts the largest Syrian population in the world due to the ongoing civil war in Syria and the two countries sharing borders. Many Syrian refugees don't speak Turkish and need help learning the language, this helps with getting jobs and integrating into the community. GOAL helps by providing employment support and access to healthcare services so displaced people can live healthy and secure lives.

Following the tragic earthquake that struck both Türkiye and Syria in February 2023, GOAL responded immediately to the critical needs of affected people because we were already on the ground. GOAL helped affected families by distributing emergency aid, including blankets, tents, clothing and food.

SYRIA



FAST FACTS

- The capital city is Damascus.
- The currency is the Syrian Pound (£S).
- The national anthem is Humat Ad-Diyar, which means "Guardians of the Homeland."
- Baklava is one of the most popular desserts in Syria. It is made from filo pastry, chopped nuts, and honey.
- Arabic coffee is the most popular hot drink in Syria, and people usually drink it in the morning and evening.
- Football, basketball, swimming, and tennis are the most popular sports in Syria. Ali Diab, the famous football player, is from Syria.
- Syria's official language is Arabic. Let's learn a bit of Arabic:

PHRASES IN ARABIC

Hello = Marhaba

Goodbye = MaAa es-salama

How are you? = Kaef halak

Please = MinFadlak

Thank you = Shakran-Lak

My name is... = ismii...



WHAT GOAL DOES IN SYRIA

GOAL has supported conflict-affected people in Syria since 2012 and is one of the leading humanitarian actors in Northwest Syria. Syria is GOAL's largest country of operation; in 2023, it helped more than two million people.

As with Türkiye, the earthquake that struck Syria on February 6th, 2023, impacted thousands of Syrians. GOAL responded by...

Distributing cash to over **27,000 households** to help them purchase essential items such as food and medical supplies. The earthquake destroyed essential water supplies, so GOAL responded by providing **1.3 million people** with clean and safe drinking water to their homes.

In Syria, bakeries not only provide communities with delicious food but also support people with financial security as they provide jobs. The earthquake also impacted bakeries across the region, so GOAL helped them get back on their feet and opened more bakeries to serve over **285,000 earthquake-affected people**.

COLOMBIA



FAST FACTS

- The population is approximately 52 million people.
- The national anthem is Himno Nacional de la República de Colombia, which means "The National Anthem of the Republic of Columbia."
- The capital city is Bogota.
- The currency is the Colombian Peso.
- One of the most popular dishes is sancocho de gallina, which is a chicken soup with root vegetables.
- Tejo is the national sport of Colombia, which is a sport that consists of throwing gun powder at small targets, which explode!
- The most popular sport in Colombia is football.
- One of the most famous people from Colombia is Shakira, the pop superstar.
- Colombia is a country in South America, and the national language is Spanish. Here are some key phrases to learn in Spanish.



WHAT DOES GOAL DO IN COLOMBIA

GOAL has been working in Colombia since 2019, supporting Venezuelan refugees and their host communities with food, shelter, and employment programmes. In 2023, GOAL supported over **46,000 people in Colombia**.

GOAL implements the Barrio Resiliente, or Resilient Neighbourhoods, programme in Colombia to help vulnerable communities prepare for climate-related crises, such as tropical storms, hurricanes, landslides, and floods.

PHRASES IN SPANISH

Hello = Hola

Goodbye = Adios

How are you? = Comos esta

Please = Por Favor

Thank you = Gracias

My name is... = Me llamo ...

COUNTRY FACT FILES

HAITI



FAST FACTS

- The national anthem is La Dessalinienne.
- The currency is the Haitian gourde.
- The capital city is Port-au-Prince.
- The most popular food dish is soup jumou, which is made with squash, beef, and potatoes.
- Football is the most popular sport in Haiti.
- Haiti has two different official languages, French and Creole. Let's learn a bit of both languages! Here are some key phrases:

PHRASES IN FRENCH

French Hello = Bonjour

Goodbye = Au revoir

How are you? = Ca va?

Please = S'il vous plait

Thank you = Merci

My name is... = Je m'appelle...

PHRASES IN CREOLE

Creole Hello = Bonjour

Goodbye = N a we!

How are you? = Kijan ou ye?

Please = Souple

Thank you = Mesi

My name is... = Mwen rele..

GOAL



WHAT DOES GOAL DO IN HAITI

GOAL has been operating in Haiti since the catastrophic earthquake in 2010.

In Haiti, natural disasters and armed conflict have made it difficult for the country to develop. Many households in Haiti are extremely poor and can't afford basic necessities.

Our programmes in Haiti focus on basic humanitarian needs. We distribute emergency food aid while improving access to safe drinking water and sanitation services, to prevent disease outbreaks.

HONDURAS



FAST FACTS

- The national anthem is Himno Nacional de Honduras which means "National Anthem of Honduras."
- The currency is the Honduran Lempira.
- Baleadas is a popular dish from Honduras, it is made from a flour tortilla, crema, beans, and cheese.
- Coconuts and coconut milk are very common in Honduras and are in many dishes, both sweet and savoury.
- Football is the most popular sport in Honduras.
- The Honduras national football team has competed in the FIFA World Cup three times.



WHAT DOES GOAL DO IN HONDURAS

GOAL has been working in Honduras since 1998.

GOAL's water, sanitation and hygiene (WASH) programmes in Honduras aim to ensure that vulnerable households have access to safe drinking water and formal sanitation services, such as latrines.

GOAL also implements the Resilience of the Blue Economy programme in Honduras, which helps small-scale fisheries become stronger and more resilient. This way, fisheries can provide food and employment opportunities to local communities who need it.

GOAL also supports coastal communities in Honduras by reducing pollution and conserving the natural environment. By protecting marine ecosystems, we can ensure that there is always enough fish for everybody.

GOAL has introduced water harvesting systems to reach **100 schools and 1,405 homes.**

UKRAINE



FAST FACTS

- The national anthem is Ukraine is not Yet Dead (Šče ne vmerla Ukraïny).
- The currency is the Ukrainian Hryvnia.
- The capital city is Kyiv.
- The most popular sport is football.
- Verenyky is a popular traditional dish of Ukraine, which is a boiled dumpling that can have a variety of fillings.

The national language is. Here are a few key phrases to know:

PHRASES IN UKRAINIAN

Hello = Привіт (privite)

Goodbye = До побачення (do pobachennya)

How are you? = Як справи? (iak spravi?)

Please = Будь ласка (bud laska)

Thank you = Дякую (dyakuuu)

My name is... = Мене звать (mene zvut)



WHAT GOAL DOES IN UKRAINE

GOAL was previously operational in Eastern Ukraine from 2015 - 2017 and returned in March 2022 following the Russian invasion.

GOAL delivers emergency aid such as food, hygiene and first aid kits.

We also offer legal counselling and psychological support to families affected by the war.



GOAL

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