



WELCOME TO THE TEAM

We can't wait to experience Cambodia with you. It's going to be an incredible journey and we know that as an individual and together as a team, you're going to make an incredible impact while learning and growing throughout the trip.

We encourage you to come with an open mind and be ready to immerse yourself in the culture as we explore this beautiful country.

adventure with us...



ABOUT RAW IMPACT AND CAMBODIA

RAW Impact is Raising Awareness Worldwide to Inspire Generational Change. We lead teams to do meaningful hands-on projects in Cambodia and Australia. RAW works in Cambodia alongside local communities and volunteers to build safe housing, create employment opportunities, and establish sustainable solutions for displaced slum families.



FIRST TIME TRAVELLING ALONE?

Awesome! We can't wait for you to join us on the ground in Cambodia. Our experienced RAW crew will be guiding you every step of the way, teaching you how to travel safely in Asia.

Check out the FAQs later in this guide and reach out to Andrew or Carl with any questions.



Have any **questions**? Get in touch with your **trip leaders**!



Andrew Herden
(West Coast)

📞 +61 417 173 832
✉ teams@rawimpact.org



Carl Hockey
(East Coast)

📞 +61 492 923 571
✉ teams@rawimpact.org

WHAT TO BRING

CLOTHES

- Clothes to get dirty in - make sure they cover your knees and shoulders and can protect you from the sun!
- Covered work shoes for building and outdoor work.
- Casual clothes
- Bathers
- Hat
- RAWT-shirt
- Sunglasses
- Enclosed walking shoes
- Sandals

GEAR

- Passport
- Sunglasses
- Toiletries & medication
- Hydrolyte
- Laundry powder/liquid
- Spending money in USD
- Power adapter
- Towel
- Water Bottle
- Sunscreen
- Insect Repellent
- Backpack or day bag



THE JOURNEY



PHNOM PENH

We'll start the trip in Phnom Penh, the capital of Cambodia! You'll start your trip with a day of cultural orientation where you will visit some historical sites, and you'll get to stop by the RAW Office to meet our team! You'll then spend the next few days getting on the tools in the community development program at our Every Piece Matters (EPM) Village.



KRATIE PROVINCE

After your time in Phnom Penh, you'll travel up to Kratie province. We'll be working on the amazing Trong Island where RAW is building a 'home base' for our future work in Ko Ki Village. One day all our teams are going to stay here as well as our regional manager and support crew/equipment. Get ready for an unforgettable, bicycle-only local village experience like no other!!



SIEM REAP

At the end of your trip, you'll get to explore Siem Reap and enjoy some rest and relaxation. You'll visit the world-famous Angkor Wat temples, explore the Night Markets and enjoy a team dinner on your final night before departing.



YOUR ITINERARY

7 – 16 January 2026

Day 1

Arrive in Phnom Penh, scenic tuk tuk ride to the Onra hotel. First team dinner and get to know the RAW Crew.

Day 2

Cultural orientation with a visit to the RAW office, Genocide Museum, and Killing Fields.

Day 3

Breakfast at the hotel and morning meeting. Project day at EPM Bamboo Village.

Day 4

Projects continue, participants on the tools and getting a roll on.

Day 5

The final push, and handover with the EPM families. Last dinner together in Phnom Penh.

Day 6

Travel to Kratie province and settle into accommodation at the Mekong Dolphin hotel.

Day 7

Catch a ferry and jump on a bicycle to work on RAW's 'home-base' site on Trong Island

Day 8

Final day on the tools at Trong Island, team trip debrief and dinner at a local restaurant.

Day 9

Travel to Siem Reap and settle into accommodation at Amber Angkor hotel. Final team dinner and night markets.

Day 10

Temples day! Sunrise at Angkor Wat, breakfast at hotel then farewell RAW crew as the trip comes to an end after temples.

TRIP PAYMENTS

	COST	DATE DUE
Registration payment Note: This payment is non-refundable	\$330	When you sign up
Trip Costs Trip costs don't include flights, visas or insurance	\$2190	7 Nov 2025
Fundraising	\$500	7 Dec 2025



Wanna **save money** on your **trip costs**?

Smash your fundraising goal and be rewarded. Each dollar over \$1000 will be deducted from your trip costs up to the value of \$2190, i.e. the full cost! deadline 7 Nov 2025

FUNDRAISING

Each participant is required to fundraise a minimum of \$500 to go towards RAW Impact's projects in Cambodia.

Participants are given an online fundraising platform that can be shared on all social media platforms and by email and SMS with family and friends. RAW Impact is a non-profit organisation with full DGR status so all online donations made over \$2 are tax-deductible.





FAQS

Is Cambodia safe?

Yes! While Cambodia has a dark history, it is today a very welcoming and safe country. We think you will really love the people of Cambodia.

We will also teach you how to travel Asia safely, and while on our trip you will always be in groups or pairs.



What happens if I get sick?

RAW has emergency procedures in place for each team trip. We have trained local and western crew on all our trips, so we always have crew available to manage participants who get sick.

If needed, we will take you to a western-trained clinic or hospital. Comprehensive travel insurance is strongly recommended.



FAQS

I'm worried about flying on my own.

We have young people from all over Australia coming on this trip, so we'll help connect you to others from your area so you can arrange to travel together.

Who will pick me up from the airport?

A RAW crew member will be there at the airport to meet you when you land, and arrange transport to the team hotel.

How do I contact home?

We will always be within mobile reception, and we can help you get a local sim card with data so you can stay connected.



“The best way to find yourself is
to lose yourself in the service of
others.”

mahatma gandhi

