

PRESENTED BY



EVENT PROGRAM

2 NOVEMBER 2025



1. **WELCOME**

Thank you for signing up for the 2025 Bare Creek Trail Run. As Sydney's 'Friendliest Trail Run' we look forward to welcoming everyone to the event on Sunday. We guarantee that whatever course you have chosen you will have an amazing adventure, with like-minded runners of all shapes, ages and backgrounds. Our event program outlines all the info you need for race day.

For all the latest updates and any last minute notifications please follow our [Facebook](#) and [Instagram](#) pages.

2. **EVENT CENTRE**

The Event Centre will be at Acron Oval, located on Acron Road in St Ives. All events will start and finish at the Event Centre.

3. **TRANSPORT AND PARKING**

The best way to get to the Event is by car or bicycle. Parking is available in the residential streets surrounding Acron Oval. Please do not park illegally or across driveways. Due to the popularity of the event, parking can be at a premium and it is recommended that you leave yourself enough time to walk from your car to the Oval and get registered before your race.

There are limited public transport options to the Event Centre. The closest bus stop operating a service on event day is at Mona Vale Road and Douglas Street and is serviced by the number 196 bus from Macquarie Park or Gordon Stations.

4. **EVENT SCHEDULE**

06:00	Registration opens (20km and 12km)
06:30	Event Centre stalls open
06:45	20km race briefing
07:00	20km race begins
07:15	Registration opens (6km and 2km)
07:15	12km race briefing
07:30	12km race begins
07:45	6km race briefing
08:00	6km race begins
08:50	2km race briefing
09:00	2km race begins
10:00	Awards presentation for all events
11:30	Event Centre closes

5. RACE DAY REGISTRATION

- Please note, many of the registered participants will have received their race number (with timing chip) in the post.
- If you received your race number in the post, you are ready to race. You do not have to attend registration on race morning – you can proceed directly to the start line.
 - ✓ **MAKE SURE TO BRING YOUR RACE NUMBER TO THE EVENT – DO NOT LEAVE IT ON THE KITCHEN TABLE.**
 - **IF YOU DID NOT RECEIVE A RACE NUMBER IN THE POST OR IF YOU DID NOT RECEIVE ALL OF YOUR FAMILIES RACE NUMBERS IN THE POST, YOU CAN COLLECT YOUR NUMBER AND TIMING CHIP AT REGISTRATION ON THE MORNING OF THE EVENT.**
- The registration desk will be located on Acron Oval – follow the registration signs.
- When you report to registration, please provide the registration official with your name. The official will check your name against the competitor list and issue you with your race number (with attached timing tag) and safety pins.

6. ENTRY TRANSFERS

- **All entry transfers (taking over an entry from another person) should be made at registration on event day.**
- Replacement competitors are required to bring the registration details and written evidence from the original competitor stating that they agree to the transfer taking place.
- Event day transfers will incur a \$20 admin fee (credit/debit card payment preferred) and competitors should allow extra time to complete registration.
- Exchange of funds for race entry fees will be a private transaction between the two runners.

7. CATEGORY CHANGES

- **Category (course distance) changes should be made at registration on event day.**
- Competitors changing their entry to a more expensive category will be required to pay the difference in entry fee together with a \$20 administration fee (credit/debit card payment preferred).
- Competitors changing their entry to a less expensive category will be required to pay a \$20 administration fee. No refunds will be made for category changes where the entry fee is lower than what has already been paid.



- Please follow the instructions of the start line marshals who will guide you through.
- Start times as follows:
 - > **20km:** **7:00am**
 - > **12km:** **7:30am**
 - > **6km:** **8:00am**
 - > **2km:** **9:00am**

9. **TIMING**

A timing chip will be attached to the back of your race number, and this will record your start and finish time as you run across the timing mat, enabling your race time to be calculated. For the chip to work, you must wear the race number on the front of your body, attached with safety pins or a race belt. You should take care to not bend or fold your timing chip. The timing chip is disposable and does not need to be returned.

If you withdraw from the race at any time, please see the event staff and advise them of your withdrawal.

10. **COURSE MARKING**

The course will be marked using arrows, signs, and coloured tape. Please be aware that some junctions serve different race distances and care should be taken to ensure you are following the correct course. Marshalls will be stationed at all major junctions to assist you.

The [event website](#) contains detailed maps and course profiles of each course.

11. **WATER STATIONS**

Three water stations will be available on the course and accessible to 6km, 12km and 20km runners. They will be located at the following distances:

20km: 7km, 13km and 17km

12km: 7km and 9.6km

6km: 3.1km

2km: No water station

- Water will be provided at all water stations
- **Please bring your own water container – no cups will be available at water stations.**
- Water will also be available at the event centre before and after your run.



12. TOILETS

There will be toilets available at the Event Centre but not at any location along the course. If you are caught short whilst on the course please apply the best practice principles contained in the [Bushwalking NSW health guidelines](#).

13. INSURANCE AND DISCLAIMER

ChallengeWorks (Event Organiser) is covered by their own public liability insurance. This does not include personal accident insurance. You may wish to take out your own personal accident and ambulance insurance cover for the event. Your private health insurance policy may include this, but you will need to check with your insurer.

14. COFFEE, SNACKS AND GIVEAWAYS

Coffee van

Our favourite coffee guy, Alex, will be serving the much-needed morning kick along with an assortment of soft drinks, juices and they even can whip up your favourite flavour of post run milkshake too.

Fruit stand

There will be a fruit stand at the finish line free for all participants. Given the predicted warm weather, word on the street is watermelon and oranges will be the pick of the day!

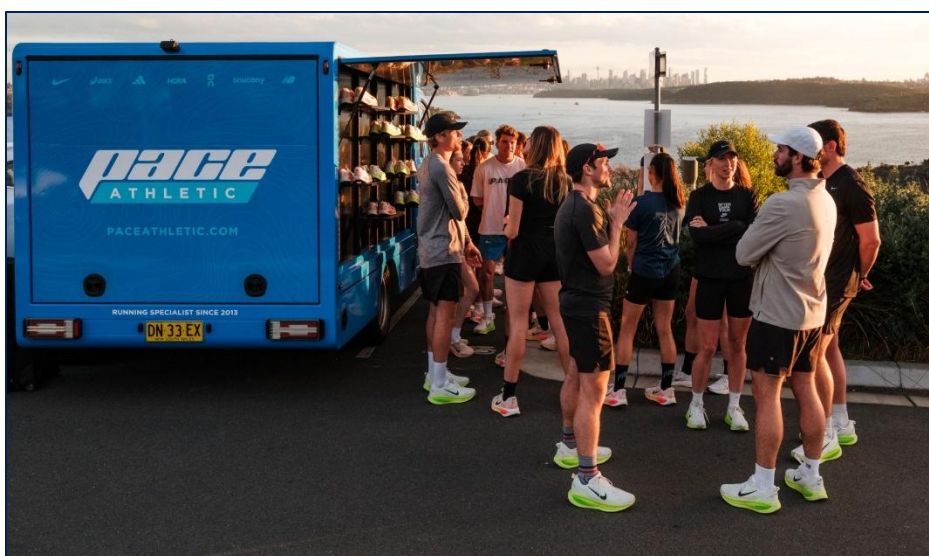
Were bringing back the BBQ

Our friends from North St Ives Scouts will be cooking up a fine selection of BBQ goodness for a pre-race snack, or even better a guilt free post-race meal.

Pace Athletic Truck

The Pace Athletic Event Truck will be at the heart of the Event Centre with plenty of activities and trail running bling to check out.

And because Pace are the champions of creating running communities they are also providing a stack of prizes for the placegetters and also lots of lucky draw prizes.



15. RACE RULES

For reasons of fairness, safety and responsibility you are expected to abide by the following rules. Failure to comply may lead to penalties or disqualification.

- Follow the course as signposted and as directed by the marshals.
- No outside assistance is allowed during the event.
- Co-operate with event officials at all times.
- Age categories will be based on an individual's age as at race date.
- Make sure you are wearing your timing chip and race number.
- Participants must follow the course as marked.
- Winners will be determined by the fastest time.
- In the event of a tie, the tied competitors will be placed in ascending order of their race numbers.
- The Event Director's decision is final.
- Show respect for the environment, landowners, local communities and other recreational users.
- Always take your litter with you and please dispose of any litter in the bins provided.
- Runners are expected to assist competitors who have injured themselves. If you come across an injured runner, provide assistance and ask a fellow runner to inform race officials of the injury and the injured runner's number at the next available opportunity on the course. Times will be adjusted to compensate for any time lost helping fellow runners.
- Every participant must agree to the Terms and Conditions associated with entry. If a participant is under 18 years of age a parent or guardian needs to agree on behalf of the participant.
- The organisers reserve the right to reject or cancel any entry at any time.
- No dogs are permitted on the track.
- No prams are permitted on the course.
- The organisers reserve the right to alter without notice any of the Race Rules which govern the event.

16. RESULTS AND PRIZES

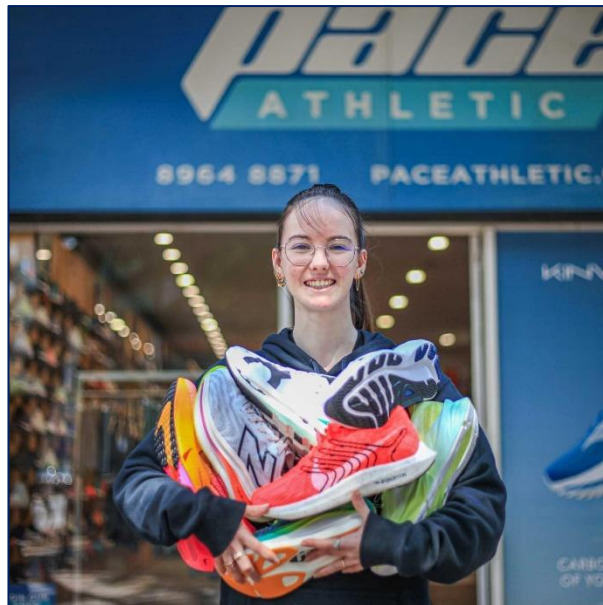
Every finisher will be presented with a finisher's medal at the completion of their run. Full results will be linked on the event website within 24 hours.

Prizes will be given to 1st place in each category below with additional prizes for 2nd and 3rd depending on numbers of participants in each category. **A brief prize giving presentation will be held at 10:00am** (There are no places or prizes for over 16 year age groups in the 2km event).



Prize Categories:

- **2km (male and female)**
 - Junior, 3 to 16
- **6km, 12km & 20km Events (male & female)**
 - Junior, 5 to 16
 - Adult, 17 – 39
 - Adult, 40 – 49
 - Adult, 50 – 59
 - Adult 60+



Prizes sponsored by:



17. PHOTOS

The Professionals from outerimage.com.au will be attending the event and taking fabulous action shots of participants. These photos will be available within 24 hours of the event.

18. CONTACT DETAILS

James Walker
Event Manager
ChallengeWorks Pty Ltd
0417 539 495
info@barecreektrailrun.com.au